













**Selby and District Local Area Group Meeting**  
**Selby Community House, 10:30 – 2:00**  
**Wednesday, 18<sup>th</sup> September 2019**  
**Minutes**


<p>1.</p>		<p><b>Networking and tea/coffee</b></p>
<p>2.</p>	  	<p><b><u>Welcome</u></b></p> <p>Jayne and Caroline co-chaired the meeting and welcomed everyone.</p> <p>Apologies were given.</p> <p><b><u>Ground rules, housekeeping and traffic lights</u></b></p> <p>Jayne read out the ground rules.</p> <p><b><u>Introductions</u></b></p> <ul style="list-style-type: none"> <li>• Everybody introduced themselves.</li> <li>• New people have told us what their job was.</li> </ul>

<p>3.</p>		<p><b><u>Minutes and action points from the last meeting</u></b></p> <ul style="list-style-type: none"> <li>• Caroline read out the minutes from the last meeting and everybody agreed that they were correct.</li> <li>• Action points were amended.</li> <li>• Everybody agreed to invite Open Arms to the next meeting</li> </ul>
<p>4.</p>		<p><b><u>Self-Advocates shared a presentation</u></b></p> <ul style="list-style-type: none"> <li>• The presentation reminded us about what the Local Area Group meetings were about and what they were good for.</li> </ul>
<p>5.</p>		<p><b><u>Adam Grey – from NYCC</u></b></p> <ul style="list-style-type: none"> <li>• Adam talked about Autism Strategy (a way of helping people with Autism) that is coming to place in February 2020.</li> <li>• He said that there will be two groups that everybody could attend. They can run smaller groups for people who feel uncomfortable with going to big events.</li> </ul>

<p>6.</p>	 The logo for Citizens Advice, featuring a blue speech bubble with the words "citizens advice" in white lowercase text.	<p><b><u>Nigel - Citizens Advice Bureau</u></b></p> <ul style="list-style-type: none"><li>• Nigel shared out some booklets about Citizens Advice Bureau</li><li>• Nigel told us that Citizens Advice, give advice and signpost people if they have any questions about financial, legal and welfare matters.</li><li>• Their services are free confidential.</li><li>• Citizens Advice Bureau office is 38 Ousegate, Selby YO8 4NH.</li><li>• Anybody can go in in person or make an appointment over the phone: on 01757 701 320.</li></ul>
<p>7.</p>	 A green rectangular sign with the words "job centre plus" in white lowercase text, mounted on a brick wall.	<p><b><u>Nick (Learning Disability Employment Adviser) from the Job Centre</u></b></p> <ul style="list-style-type: none"><li>• Nick said that. Universal Credit is being rolled out – it going well.</li><li>• Nick can still be contacted in Selby 2 times a week - Monday and Thursday.</li></ul>

<p>8.</p>		<p><b><u>Health Topic - Group Activity</u></b></p> <ul style="list-style-type: none"> <li>• Jodie also asked the groups to make a list of good and bad examples of when they have seen health care professionals or social care professionals,</li> <li>• Jodie also asked the groups to write down some ideas about how can we help to make things better.</li> <li>• This will be feedback to the NY health task group</li> </ul>
<p>9.</p>		<p><b><u>Jayne North Yorkshire Health Task Group Feedback August 2019</u></b></p> <ul style="list-style-type: none"> <li>• Jayne told us about how a health topic will be talked about at each Local area group.</li> <li>• Jayne told us about the LeDeR- programme that deals with cases of people with learning disability who have died.</li> <li>• Jayne also told us about how the Live Well, Live Longer Action Plan is going to help train health and social care professionals to</li> </ul>

		<p>communicate better with people with learning disability.</p>
<p>8.</p>	 <p>Self-Advocates Forum</p>	<p><b><u>Sam - Update on Self-Advocate forum</u></b></p> <ul style="list-style-type: none"> <li>• Sam told us that the last forum was held in Skipton and it was about ways different ways of expressing ourselves.</li> <li>• Sam also told us about Purple Patch and how they use art to help people with learning disability.</li> </ul>
<p>9.</p>		<p><b><u>Henry -NY Learning disability Partnership Board – Feedback</u></b></p> <ul style="list-style-type: none"> <li>• Henry told us about North Yorkshires plan for health and adult services for the next 5 years.</li> <li>• Henry told us about the easy read Safeguarding booklets that are being prepared.</li> <li>• Henry gave an update about Live Well Live Long group.</li> <li>• Henry told us about the Flying High group for young people who have learning disability.</li> <li>• Henry told us about the new logo that will be used from now on.</li> </ul>

10.		<p><b><u>Marion - from the Fire Services</u></b></p> <ul style="list-style-type: none"> <li>• Marion asked what people had learnt from the fire fighters at the last meeting</li> <li>• Marion also handed out some Easy Read Fire Guide leaflets.</li> </ul>
		<p>Our next meeting is going to be held on the <b>19<sup>th</sup> February 2020</b></p>

### People who came to our meeting:

Caroline Ferguson	NYCC, Participation and Engagement Officer
Jodie Sarfraz	Keyring
Henry Spence	Self advocate
Samuel Sellers	Self advocate
Jayne Miles	Self advocate
Nick Bones	DWP
Csilla Sipos	Business Support Administrator NYCC
Wendy Derbyshire	Team Manager - Living Well Team NYCC
Tilly Skeels	Commissioning Officer NYCC
Adam Gray	Commissioning Manager, Vale of York
Tracy Holah	Area Operations Manager - Mencap
Marion Collins	North Yorkshire Fire and Rescue Community Safety Officer Selby
Nigel Lewen	Citizens Advice Bureau
Tom Jenkins	– NYCC Stronger Communities
<b>Apologies:</b>	
Steve Burke	Learning Disabilities Manager

